

**Logan Elm High School
Physical Education Waiver Form**

Student's Name: _____

Date: _____

Grade Level: _____

Instructional Plan

- A. **Instructional Objective:** *To enhance individual motor skills that will develop lifelong skills for better health. To teach teamwork, dedication, and work ethic.*

- B. **Describe the instructional activities, materials and environment:** *Individual drill to develop the motor skills necessary for improvement combination drills to build teamwork. Physical conditioning to develop a healthy lifestyle.*

- C. **Schedule (Including total hours of instruction):** *Practice each day which will be 2 to 3 hours. Off season training may vary on student's other activities. 220 total hours.*

- D. **Describe the criteria and methods for assessing the pupil's performance:** *A series of drills, combination drills and team play will be evaluated by the coaching staff. Individual conferences will be held to discuss the improvement of the student.*

I agree to comply with all the requirements of the Educational Options described:

Student Signature: _____ Date: _____

I hereby give permission for the above named student to participate in this Educational Option.

Parent Signature: _____ Date: _____

The student athlete has satisfactorily met all of the above requirements.

Coach's Signature: _____ Date: _____